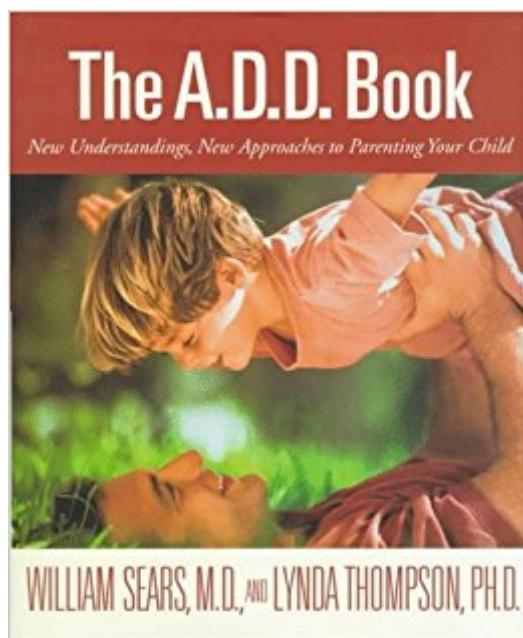


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The A.D.D. Book: New Understandings, New Approaches To Parenting Your Child



Synopsis

The bestselling author of "The Baby Book" joins forces with an A.D.D. expert and offers a unique and encouraging guide for parents of children with attention deficit disorder. Full of real-life case histories, this landmark guide is an indispensable resource for every parent with an A.D.D. child--and one of the only books that focus on the positive side of A.D.D. Illustrations 10-city author tour .

Book Information

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Customer Reviews

"Dr. Bill" Sears, author of The Baby Book, beloved pediatrician, and creator of "attachment" parenting, teams with Lynda Thompson, an expert on attention deficit disorder and a proponent of neurofeedback, to provide parents with a highly positive, helpful guide to understanding and assisting the ADD child. Sears and Thompson carefully describe the ADD child's particular cluster of neurological traits--some positive (creativity, spontaneity, hyperfocus) and some potentially negative (selective attention, distractibility, hyperactivity). They emphasize that all of these traits can, depending upon how they are perceived and shaped, work to a child's advantage or disadvantage. The authors provide insight into and an analysis of accurately diagnosing the ADD child, managing problem areas, and helping the child cope at school and at home. A thorough discussion about the use of stimulant drugs (Dr. Bill calls them "focus pills") describes appropriate use and misuse, and stresses that the drugs should be used in combination with other, more holistic therapies. Thompson's expertise in neurofeedback is presented as an effective alternative therapy. At a time

when many schools have lengthy "Ritalin lines" in front of the nurse's office every day, Sears and Thompson's book is a welcome relief for parents looking for a wide scope of alternatives. --Ericka Lutz

Attention deficit disorder--ADD--is best understood as a variation on normal patterns of behavior that is characterized by selective attention, distractibility, impulsivity, and often hyperactivity, all reflecting a child's inborn, neurologically based temperament. Sears and Thompson examine ADD behavior and treatments from a positive stance that emphasizes such qualities as creativity, spontaneity, tenacity, focus, and high energy, and that relies on neurofeedback, diet, and specific strategies for learning, organizing information, and studying as an alternative or supplement to medication. An estimated 20 percent of boys and 8 percent of girls have ADD. When the syndrome is not identified or treated, these children are increasingly at risk of academic difficulty, social conflict, tangles with the law, motor vehicle accidents, and divorce in their families. Sears and Thompson offer those dealing with ADD an effective choice for treatment in the newly acknowledged therapy of neurofeedback and a refreshingly positive, supportive way for such parents to contemplate their challenging children. Kathryn Carpenter

My son has been diagnosed with ADHD and this book has helped me understand his condition and why he acts the way he does. It also made me realize that having ADHD does not mean that my kid is wrong but rather just different. It offers a lot of helpful tips for families to cope with ADD and ADHD without using drugs, which is the route we have gone and it's working out pretty well.

Very helpful I've had this book since my son was 10 and hes 14 now. Has a lot of advice. And Im still using it

This is a great book. I would highly recommend for parents struggling with an A.D.D. child. It helps everyone understand how the child feels and what he/she is going through.

I haven't read the whole thing yet, but the parts that I have read, have opened up my understanding and helped me to help my daughter. Creative ideas that are tested in the 'lab' of pediatric practice.

This book was excellent. I'm so glad that we found it.

Absolutely love this book. Easy to understand how a child with ADHD must feel and what can help daily. Buy this book!!!!

I like it it's what they discussed, again not for me all three books are for a friend with an Autistic child, I hope she likes it.

AWSOME A must read for familys dealing with this evil godforsaken disease!!

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